



USTA UTAH TENNIS JUNIOR TEAM TENNIS PROGRAM

National Tennis Rating Program (NTRP) & General Guidelines for placing players on teams



General Characteristics of NTRP Playing Levels

- 1.0** You just starting to play tennis.
- 1.5** You have limited experience and are working primarily on getting the ball in play.
- 2.0** You lack court experience and your strokes need developing. You are familiar with the basic positions for singles and doubles play.
- 2.5** You are learning to judge where the ball is going, although your court coverage is limited. You can sustain a short rally of slow pace with other players of the same ability.
- 3.0** You are fairly consistent when hitting medium-paced shots, but are not comfortable with all strokes and lack execution when trying for directional control, depth, or power. Your most common doubles formation is one-up, one back.
- 3.5** You have achieved improved stroke dependability with directional control on moderate shots, but need to develop depth and variety. You exhibit more aggressive net play, have improved court coverage, and are developing teamwork in doubles.
- 4.0** You have dependable strokes, including directional control on both forehand and back hand sides on moderate-paced shots. You can use lobs, overheads, approach shots, and volleys with some success and occasionally force errors when serving. Rallies may be lost due to impatience. Teamwork in doubles is evident.
- 4.5** You have developed your use of power and spin and can handle pace. You have sound footwork, can control depth of shots, and attempt to vary your game plan according to your opponents. You can hit first serves with power and accuracy and place the second serve. You tend to over hit on difficult shots. Aggressive net play is common in doubles.
- 5.0** You have good shot anticipation and frequently have an outstanding shot or at tribute around which a game may be structured. You can regularly hit winners or force errors off of short balls and can put away volleys. You can successfully execute lobs, drop shots, half volleys, overhead smashes, and have good depth and spin on most second serves.

General Description

4.5/5.0 Advanced

This player has a lot of tournament experience and if age eligible competes at the top level of a High School Varsity Tennis Team. Players may have a District/Sectional or National Ranking. Based on the District/Sectional/ National Points Per Round Ranking System.

3.5/4.0 Intermediate

This player if age eligible, may compete on a High School Varsity or Jr. Varsity High School Team and may qualify for Intermediate depending on level of competition and the division & region of the school. Player may also have some but limited tournament experience. Players may have a District or Sectional Ranking. Based on the District/ Sectional Points Per Round Ranking System.

2.0/3.0 Beginner

Entry level player, and has limited experience but may played in a tournament and would qualify for Entry level Challenger division. Junior who are just starting to take lessons and compete would qualify for this division.

Questions ?? Please Contact

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